

# SPINESYMPOSIUM

May 16, 2025 | 7:30am - 5:00pm

Balboa Bay Resort | 1221 West Coast Highway, Newport Beach, CA 92663

Join clinical colleagues at the 2<sup>nd</sup> Annual Hoag Orthopedic Institute Spine Symposium at Balboa Bay Club in Newport Beach. Experts will present a variety of topics related to:

SPINAL SURGERY

**NON-OPERATIVE CARE** 

SURGERY IN THE ASC SETTING

**COMPLEX DEFORMITY CASES** 

# WHO SHOULD ATTEND

Spine Surgeons, Orthopedic Spine PAs & NPs, Primary Care Physicians

Hoag Orthopedic Institute Hoag Orthopedics

Research • Education • Community Outreach

# **KEYNOTE SPEAKER**



Gregory Mundis, Jr., MD
President, San Diego Spine
Foundation
Section Chief Spine, Scripps
Memorial Hospital

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#### **PRESENTERS**

#### **KEYNOTE SPEAKER**

# Gregory Mundis, Jr., MD

President, San Diego Spine Foundation Section Chief Spine, Scripps Memorial Hospital

#### Gerald Alexander, MD

Orthopedic Spine Surgeon Orthopaedic Specialty Institute

# Jesse Caballero, MD

Orthopedic Spine Surgeon Memorial Orthopedic Surgical Care

#### Jeffrey Deckey, MD

Orthopedic Spine Surgeon Orthopaedic Specialty Institute Chairman, Surgical Spine Fellowship Hoag Orthopedics

# Michael Eng, MD

Orthopedic Spine Surgeon Newport Orthopedic Institute

#### Payam Farjoodi, MD

Orthopedic Spine Surgeon Coastline Orthopedics Associates

#### Steven Girdler, MD

Orthopedic Spine Surgeon DISC Sports & Spine Center

# Michael Gordon, MD

Orthopedic Spine Surgeon Newport Orthopedic Institute

# Sohaib Zafar Hashmi, MD

Orthopedic Spine Surgeon Assistant Professor, Orthopedic Surgery University of California, Irvine

#### Pawel Jankowski, MD

Neurosurgeon Hoag Medical Group

#### Adam Kanter, MD

Neurosurgeon Ron & Sandi Simon Executive Medical Director Endowed Chair, Pickup Family Neurosciences Insitute Chief, Neurosugery, Hoag Specialty Clinic

# Sanjay Khurana, MD

Orthopedic Spine Surgeon LA Spine Group

# Richard Lee, MD

Orthopedic Spine Surgeon Newport Orthopedic Institute

# Jason Liauw, MD

Neurosurgeon Orange County Neurosurgical Associates

# **Burak Ozgur, MD**

Neurosurgeon Medical Director Hoag Spine Institute

#### Richard Paicius, MD

Anesthesiology and Pain Management Southern California Spine & Sport

# Alexandre Rasouli, MD

Orthopedic Spine Surgeon Rasouli Spine

# Joshua Schwind, MD

Orthopedic Spine Surgery Avera Orthopedics

# **Grant Shifflett, MD**

Orthopedic Spine Surgeon DISC Sports & Spine Center

# Casey Slattery, MD

Orthopedic Spine Surgery Fellow Hoag Orthopedics

# Jeremy Smith, MD

Orthopedic Spine Surgeon Orthopaedic Specialty Institute Division Chief, Spine Surgery Hoag Orthopedic Institute

# Sonal Sodha, MD

Orthopedic Spine Surgeon Cedars-Sinai Medical Center

# Kushagra Verma, MD

Orthopedic Spine Surgeon Advanced Spine Care

#### Erick Westbroek, MD

Neurosurgeon Providence St. Joseph & Providence St. Jude

#### Jon White, MD

Orthopedic Spine Surgeon Orthopaedic Specialty Institute

# **OBJECTIVES**

- 1. Explain key concepts in counseling patients on non-surgical options for back pain.
- 2. Identify evidence-based therapies to enhance the care of non-operative spine patients.
- 3. Apply advanced techniques in the planning and execution of deformity surgery.
- 4. Describe key findings from spinal deformity case outcomes.
- 5. Explain long-term outcomes associated with different surgical approaches for spinal fusion.
- 6. Use knowledge of complications from different surgical approaches to improve the quality of practice.
- 7. Evaluate the use of robotics and navigation in spine surgery.

# **ACCREDITATION**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the California Medical Association (CMA) through the joint providership of Hoag Memorial Hospital Presbyterian and Orthopaedic Education and Research Institute of Southern California. The Hoag Memorial Hospital Presbyterian is accredited by the CMA to provide continuing medical education for physicians.

Credit Designation: Hoag Memorial Hospital Presbyterian designates this live educational activity for a maximum of 4.5 AMA PRA Category 1 Credit™. Physicians should claim credit commensurate with the extent of their participation in the activity. This credit can apply to the CMA Certification of Continuing Medical Education.

# **AGENDA**

7:30 - 8:00am	CHECK IN & BREAKFAST
8:00 - 8:10am	EVENT WELCOME
8:10 - 8:55am	Keynote Presentation: Thinking through and planning adult deformity surgery. Is it really worth it?
8:55 - 9:05am	DISCUSSION
9:05 - 9:18am	Alignment parameters in adult degenerative scoliosis deformity
9:18 - 9:31am	Risk stratification in the adult deformity patient: Who does well and who does not
9:31 - 9:44am	Current options for sagittal realignment in spinal deformity surgery
9:44 - 9:57am	PJK: Can it be prevented?
9:57 - 10:10am	When should I under correct a sagittal plan deformity?
10:10 - 10:23am	Prone vs. lateral position for transpsoas surgery in deformity surgery
10:23 - 10:36am	Cervical deformity principles and alignment parameters Deformity / Cervical
10:36 - 10:46am	DISCUSSION
10:46 - 11:06am	MORNING BREAK & VENDOR BREAKOUT
11:06 - 11:19am	Pelvic fixation and satellite rods
11:19 - 11:32am	Robotics and navigation in deformity surgery motion preservation
11:32 - 11:45am	Motion preservation with interlaminar stabilization update
11:45 - 11:58am	Neuromonitoring Update
11:58am - 12:11pm	Density: Defining, treating and deciding when it is OK to operate
12:11 - 12:24pm	Kyphoplasty/vertebroplasty update
12:24 - 12:34pm	DISCUSSION / BREAK
12:34 - 1:14pm	LUNCH & VENDOR BREAKOUT
1:14 - 1:27pm	Update on cervical TDR: Pros and cons of Prodisc vs Simplify vs M6 vs. Mobi C
1:27 - 1:40pm	Managing the anterior cervical patient: Outpatient vs. inpatient, collar, drain, steroids. What does the data show?
1:40 - 1:53pm	Severe cervical stenosis in the asymptomatic patient: Do I operate?
1:53 - 2:06pm	Comparing zero-profile standalone cervical devices versus traditional ACDF surgery
2:06 - 2:19pm	Central cord syndrome: Early vs. delayed intervention
2:19 - 2:32pm	Endoscopic spine surgery: Techniques and outcomes
2:32 - 2:45pm	Innovation at Hoag Orthopedic Institute: Percutaneous prone lateral
2:45 - 2:58pm	The Interventionalist Physicians Encroachment Into the Surgeon Domain
2:58 - 3:11pm	Spine Outreach
3:11 - 3:21pm	DISCUSSION
3:21 - 3:30pm	CLOSING REMARKS
3:30 - 5:00pm	COCKTAIL RECEPTION



